

Authentic ESSENTIAL OILS



DONNA MARIE

ABOUT

Donna Marie



Certified Aromatherapist

Hello and Welcome!

Like most people, I was intrigued by essential oils for many years. I absolutely loved going to the local health store and stocking up on essential oils to make my own body creams, lotions, and hair care products. I also loved to warm the oils in my candle-lit oil warmer so the aroma could fill the room. I was in love with these oils.

My curiosity about the oils led me to purchase a few aromatherapy books. Much to my surprise, I learned that essential oils had many health benefits. However, much to my disappointment, my oils didn't seem to have any of those benefits. That's when my search, or research, began. I was on a mission to find authentic essential oils that could make a radical difference in my health. My background as a research director in the health industry was extremely helpful.

I stumbled upon a brand that stood out from the rest. When it came to quality and authenticity, no other company came close in being able to provide the information I needed on effectiveness, quality, and safety. I have never looked back. Now as a Certified Aromatherapist, I only recommend authentic essential oils to my clients and customers. I hope the information in this guide is helpful to you.

Connect

hello@donnamarie21.com

CHECKLIST

What to Avoid

1

No Fractional Distillation

Molecules are removed in order to achieve a more desirable and marketable scent. The therapeutic benefits are compromised.

2

No Synthetic Oils Added

Synthetic oils are chemicals and do not possess the therapeutic properties of authentic oils and may be harmful.

3

No Chemicals in the Distillation

Chemicals like hexane are often used in the distillation, leaving residue in the oil. Long term safety may be compromised.

4

No Fillers in the Bottle

Make sure there are no fillers from other non-oil botanical sources.



NON-AUTHENTIC ESSENTIAL OILS

Non-authentic or adulterated essential oils may be diluted with cheaper carrier oils, contain synthetic compounds, or even be entirely artificial, made to mimic the scent of the plant but carrying none of its beneficial properties.

They are often fractionated to achieve a more desirable and marketable scent.

Furthermore, chemicals, like hexane, are often used in the distillation process, leaving residual amounts in the oil.

These oils are often cheaper but do not offer the same therapeutic benefits as authentic essential oils.

Bottom line they may not be safe or effective for long term use. The company should be able to provide you with information as it pertains to this checklist.

CHECKLIST

This is what you want..

1

Distillation On-Site

Make sure the company farms and distills their own essential oils, versus only buying their oils from other distilleries.

2

Farm Ownership

The company should own their own farms in addition to any farms with which they may have a partnership.

3

Seed to Seal Quality Control

The company should manage the quality control of the seeds, growth of the plants, harvesting, distillation of the oils, & bottling.

4

Organically Grown and Real

Make sure that the essential oils are distilled from plants that are organically grown from actual seeds.



5

Therapeutic, Not Fractionated

Make sure the company does not fractionate the oils for a sweeter aroma that is more marketable.

6

Extensive 3rd Party Testing

In addition to in-house testing, it is important that the company does third-party testing from sources that have no known connection or relationship with the company.

7

Every Batch Must Be Tested

Every batch must be tested. Oil quality can change from harvest to harvest, just by naturally occurring changes in the weather.

Authentic essential oils go through a very careful process.

It starts with a perfect seed that has been identified by experts as the correct species.

The seeds are planted, and the plants are organically grown.

The plants are hand-weeded with absolutely no chemicals, pesticides, herbicides, etc.

They are harvested at the peak of their oil producing cycle.

For example, jasmine flowers must be picked by hand before the sun becomes hot on the very first day they open, making it one of the most expensive oils in the world! Very few farms have the manpower to adhere to this standard.

It takes eight million hand-picked blossoms to produce 2.2 pounds of oil.

The plants are then distilled onsite with low temperatures and low-pressure steam distillation for the correct length of time. Absolutely no chemicals are used.

Many companies use hexane, a harmful carcinogen in the distillation process. Oils distilled with hexane are not authentic because there are residual amounts of this chemical that stay in the oils.

Distilling without any chemicals is critical to produce therapeutic quality oils.

Every batch of oil should be vigorously tested by a 3rd party company not associated with the essential oil company.

The quality controls should be continuously monitored until the oils are sealed in their bottles.

“Don't settle for non-authentic oils.

You deserve better.

Your family deserves better.



Example: Cypress Essential Oil

Cypress has 280 known chemical compounds and all 280 must be present for it to be therapeutically active.

If distilled for 20 hours, only 20 of the 280 properties are released.

If distilled for 26 hours, the properties are destroyed.

It must be distilled for 24 hours for all 280 properties to be released and sustained.

Most cypress available in the U.S. is distilled for about 3.5 hours.



Example: Rose Essential Oil

It takes 5,000 pounds of rose petals to make just one pound of therapeutic-grade rose essential oil.

Consequently, it is very expensive to purchase (usually more than \$200 for 5 ml).

Any inexpensive rose oil is not pure.

Diluted oils (during distillation) are potentially toxic.

You get what you pay for.

THE HIGHEST STANDARDS WORLDWIDE



AUTHENTIC ESSENTIAL OILS

An authentic essential oil is a pure, genuine oil that has been carefully extracted, through distillation or cold pressing, from the plant it originates, grown from organic, unadulterated seeds.

It contains no additives or synthetic components.

It is not fractionated, meaning that none of its properties have been altered, to ensure that it carries the original aroma and therapeutic properties of the plant.

No chemicals are used, not even in the distillation process to ensure that it is authentic and safe for long term use.

Do other essential oil brands that are not authentic work?

You may see results with other brands for some oils, but here is what you should consider...

If the brand company does not have its own farms and distilleries, it is just a distributor, not a distiller of the oils. Find out...

If the company owns its own farms and distilleries in addition to partner farms, they have much greater expertise in the business of essential oils, and they have full control over the quality.

If the oils are not authentic, the potency will not be the same. It will take more oil quantity to get the same result of lesser quantity from an authentic oil.

If chemicals were used in the distillation process, that is just not safe, period.

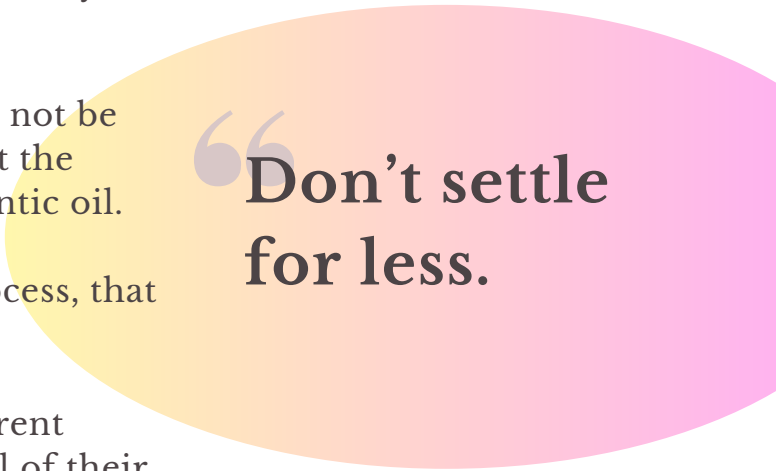
The company should be completely transparent about its entire process and the source for all of their oils.

The company must be able to make a commitment to the quality of their oils.

The bottom line is that if you are using essential oils and you are not sure if they are authentic according to the information in this guide, then you need to find out. **Seventy-five percent (75%) of the oils on the market are not authentic.**

NO TIME TO DO THE RESEARCH?

Well, I have done my research and have found that Young Living Essential Oils are 100% authentic. I have also visited one of their farms and distilleries. Can you visit your brand's farms and distilleries? If not, and if this is important to you, you are welcome to join my community.



“Don't settle for less.”

RESOURCES



PREMIUM STARTER KIT
The best way to get started!

[LEARN MORE](#)



KIDSCENTS ROLL-COLLECTION
These are amazing and safe for kids!

[LEARN MORE](#)



MAKE A SHIFT ESSENTIAL SOLUTIONS KIT
A great choice if you want to start slow.

[LEARN MORE](#)



OILS OF ANCIENT SCRIPTURE KIT
Powerful oils of the Bible!

[LEARN MORE](#)

I WOULD LOVE TO HEAR FROM YOU!



**Connect with me! Send me an email at hello@donnamarie21.com.
I would love to hear if this information has been helpful!
Let me know if you need any assistance!**

If you are not using Young Living essential oils and you purchase the oils using one of my links, you get me as your guide. It's not just a product, it's an experience.

If you are new to Young Living, use promo code SHAREYL to get an extra 10% discount with my links or referral number 2148541.

[CLICK HERE TO CHECK OUT YOUNG LIVING ESSENTIAL OILS](#)